





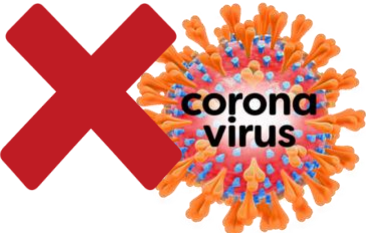





After your Covid 19 injection

	<p>You have just had your first Covid 19 injection This is to protect you against Coronavirus</p>
	<p>You need to come back for a second injection. Your second injection will be in 10 - 12 weeks</p>
	<p>Do not come for your second injection if:</p> <ul style="list-style-type: none"> • you have been told you have to stay at home • you are waiting for a test to see if you have Coronavirus • you feel ill
	<p>You cannot catch Coronavirus from having this injection</p>
	<p>We have given you a card saying you have had the injection</p> <p>Keep this safe</p>

	<p>Sometimes injections can make you feel ill These are called side effects</p>
	<p>You might:</p> <ul style="list-style-type: none">• have a sore arm• feel tired• have an aching body or feel like you have the flu• have a headache• feel hot• have swollen glands
	<p>If you feel unwell you can take paracetamol Follow the directions on the box or ask someone to help you</p>
	<p>If you feel unwell you can rest</p>
	<p>If you do not feel better after a week or if you start to feel worse speak to your doctor or nurse</p>

	<p>Tell them you have had the Covid 19 injection and show them your card</p>
	<p>You should not catch Coronavirus now that you have had the injection</p>
	<p>If you do catch Coronavirus you should not be very ill</p>
	<p>After you have had the injection you still need to:</p> <ul style="list-style-type: none">• stay 2m away from other people• wear a mask• wash your hands often
	<p>Go to gov.je/coronavirus to find out more</p>